



I. LETTER TO THE FEDERATIONS AND ASSOCIATIONS (NOVEMBER, 2025) THE INTERNATIONAL COMMISSION FOR THE REVISION OF THE CONSTITUTIONS

+ Monte Compatri (Rome), November 8, 2025

Dear Sisters,

We offer you the **draft Table of Contents of the Constitutions**, together with a rationale and the necessary elements to aid in its reading and proper understanding.

This Table of Contents, the result of a process of study and dialogue, with the **unanimous approval of the Commission**, is presented as a frame of reference that reflects our way of life. Its structure has been carefully elaborated, with each chapter and section faithfully reflecting our charism as Discalced Carmelite Nuns.

The **process** of developing this Table of Contents has been a laborious and beautiful exercise, because it brings together a large number of perspectives. The multicultural nature of the Commission has given us a broad view, which enriches the result with considerable discernment. We have experienced our **differences** as a **treasure**.

In its **preparation** and approval, we took into account the particular perspective of each Sister, from very different regions of the world, with ties of knowledge and exchanges with federations in other countries, plus the contributions that were sent to the General House (pre-Nemi) and the work done at the Nemi Assembly. All of this contributed to a **universal and comprehensive view** within the Commission.

We present it as a draft Table of Contents, which will be influenced by **listening and exchange** with all the **Federations and Associations** around the world.

We know that when we develop the contents of each point, the Table of Contents may be affected by the need for inner coherence.

The starting point for all our work has been **Our Holy Mother Teresa of Jesus**, as we shared in the *Message of Avila*. We have been guided by her thinking, especially in *The Way of Perfection*, where she expresses the development of our vocation and our way of life. Thus, the **inner dynamism** of the Table of Contents responds to the **Teresian vision**.

In compiling the Table of Contents, we drew on the conference given by Fr. Rafal Wilkowski during the meeting in Nemi. As he explained, the *accomodata renovatio* is governed by specific rules, both in terms of process and content. We have tried to follow these rules faithfully, especially with regard to safeguarding the proposal of life (*propositum vitae*), that is, the desire to live according to a certain way, in harmony with the **guidelines of the Magisterium of the Church**. This implies safeguarding our own spiritual heritage and, at the same time, being attentive to the signs of the times. We have also considered the incorporation of aspects that, until now, had not been legislated and that, in light of the new provisions, need to be addressed with discernment and openness.

Fr. Rafal and Fr. Juan Pablo, as members of the Commission, have participated in the work process and in its canonical review.

In accordance with canon 587 §1 of *the Code of Canon Law*, we have sought to **combine** the necessary simplification of the text with the inclusion of **juridically** indispensable elements. To this end, we have relied on the basic outline of the 1991 Constitutions, which organizes the content into three main parts:

- **Part I: Vocation / Identity**
- **Part II: Formation / Transmission**
- **Part III: Government / Communion**

Some **specific aspects** that must be present in the Constitutions are not reflected in the Table of Contents. They will be developed within their respective sections.

There are **various topics**, that differ in importance and impact depending on the region of the world, which should be specified, according to need or interest, in particular statutes.

We would like this Table of Contents to be welcomed and understood for what it is: a general outline that is still in the process of being developed, in which all the necessary topics will be duly elaborated. It is, therefore, **an initial proposal within a work that is still in progress.**

We invite you to **receive it with Teresian joy** and to renew your sisterly trust that unites us. Together we can develop a comprehensive understanding of our **Constitutional Table of Contents** that represents us all.

We **thank** Fr. Miguel Márquez (Superior General), Sr. Lidia Wrona CM, and Fr. Agustí Borrell (Vicar General) for their valuable and tireless collaboration in accompanying the work of the Commission; we also thank all our Sisters from all the Federations and Associations around the world who, with their affection and constant prayer, support our work.

With Teresa of Jesus, let us venture into life!

The Sisters and brothers of the Commission:

- Sr. Agustina of the Mother of God, Jakarta (Indonesia)
- Sr. Anjali Charles of the Trinity, Kolayad (Kerala, India)
- Sr. Christine de Jésus, Le Havre (France)
- Sr. Gema de la Cruz, Puçol (Spain)
- Sr. Lucía de la Cruz, Santiago/San José (Chile)
- Sr. Mary Elizabeth of the Trinity, Flemington, New Jersey (USA)
- Sr. María Silvia de la Misericordia de Dios, Córdoba (Argentina)
- Sr. Rose Mary of the Trinity, Buea (Cameroon)
- Sr. Veronika Teresia Elia a Spiritu Sancto, Aufkirchen (Germany)
- Fr. Rafal Wilkowski and Fr. Juan Pablo Patiño (Secretariat for the Nuns)